



# **DURHAM CRICKET**

**Consultant Performance Nutritionist**



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## **INTRODUCTION AND OVERVIEW OF DURHAM CRICKET**

Durham County Cricket Club was established as an amateur Minor County in May 1882 and went on to become cricket's most successful Minor County and the first to beat a First-Class County when defeating Yorkshire in 1973. Durham was awarded first class professional status in December 1991 – the only new First-Class County in over 70 years – and played in the professional structure from 1992.

Since 2007 DCCC has won the County Championship three times and been runners up once, won the Fifty Over Competition twice in Lord's finals and appeared twice in T20 Finals Day.

Since becoming a first-class county, DCCC has established English cricket's most successful academy, producing international stars for England, including Steve Harmison, Paul Collingwood, Mark Wood and Ben Stokes

Durham CCC created the first new English Test Match stadium in over 100 years securing a long-term stadium naming rights sponsorship with Emirates Airways. The venue has a 14,000 permanent seating capacity and the Club has staged international cricket every year since 1999, including the successful Ashes Test held in 2013 and three games in the ICC Cricket World Cup in 2019. The Club has been awarded a further package of international matches to 2024.

A successful rebrand in 2018 created a new Durham Cricket identity. Durham Cricket is now the umbrella organisation encompassing all elements of cricket provision in the county covering the professional and recreational game and all activities impacting on the wider community of the county and beyond.

## **VISION, PURPOSE AND VALUES OF DURHAM CRICKET**

### **BUSINESS DIRECTION, VISION AND VALUES**

Durham Cricket has an essential role as the strategic delivery arm of the ECB in north east England. Durham Cricket also has the opportunity to mark out a very distinctive position in the world of cricket through the development and communication of an inspiring common purpose and strong individual identity (the Durham Cricket brand).

Our vision aligns the organisation from Changing Room to Boardroom, bringing together cricketing and commercial goals and resonates with our community (customers).

An effective Durham Cricket brand demands focus, ambition and a consistent approach to everything we do. There is an expectation that all our people will follow the vision, live and breathe the values and adhere to a set of consistent of behaviours. These are all set out below.

### **VISION**

The vision of Durham Cricket has two key elements. Firstly, there is an internal vision which is designed to guide how the staff go about delivering on the organisation's values and objectives. Secondly there is an external vision which shows how Durham Cricket are going to deliver on its cricketing objectives and assist the ECB in meeting their strategies.

#### **Internal Vision:**

Durham Cricket will be recognised for having a winning culture both on and off the field achieved by highly engaged people who enjoy working together with pride and passion.

#### **External Vision:**

- 2 £2 million invested into recreational and community programmes
- 0 No debt
- 2 Winning two trophies
- 4 Producing four new England players

### **PURPOSE**

UNLEASHING POTENTIAL THROUGH CRICKET IN THE NORTH

### **VALUES**

#### **PROUDLY NORTHERN**

We stand for something. We are family. Genuine, welcoming with a resilient spirit and a sense of fun.

#### **PASSIONATE ABOUT DURHAM**

We care about our club, our business and our brand. The passion and emotion unites us and drives us forward to create opportunities for the north on a national and global stage.

## **PURSUING EXCELLENCE**

We strive to be the best we can be. Continuously improving and pushing ourselves to set higher standards.

## **UNIQUELY CRICKET**

Cricket is at our heart and heritage. It makes us unique and its principles guide everything we do.

## **BEHAVIOURS**

The following are a series of behaviours that we expect all of our people to adhere to:

- We are ambitious in the goals we set
- We actively seek and encourage feedback in pursuit of excellence
- We focus on continuous improvement
- We are accountable for our actions
- We catch people doing things right
- We are adaptable and flexible
- We are equitable and inclusive in the way we operate
- We care for our staff and look out for them at all times
- We stay true to our vision

## **Durham Cricket – Consultant Performance Nutritionist**

The Performance Nutritionist will provide a high quality nutrition education and support service to all Durham Cricket players (male and female, boys and girls). This service will be pivotal in ensuring that high quality performance nutrition provision is provided throughout the male and female pathway from those beginning their journey to established professional players. The service will involve working with the client as part of a multi-disciplinary team to deliver best practice, to achieve the performance and professional objectives of the Science and Medicine team and wider ambitions of the client.

The consultant will demonstrate a high standard of professionalism and skill, alongside experience of working in a team sport environment. Exceptional communication skills and the ability to problem solve logistical complexities surrounding the sport of cricket. Previous experience working within cricket is beneficial but not essential. While the service will be supported by the Head of Performance Science, the consultant must be able to work autonomously and will show a commitment to continuing professional development and growth.

This service will be a 2 day per month provision for 10 months of the year, including the annual cricket season and pre-season on a contractor basis. This may include working outside normal office hours and on Public Holidays where necessary.

### **DUTIES**

**Service:** Consultant Performance Nutritionist

**Client:** Durham Cricket

**Location:** The Banks Group Riverside, Chester-Le-Street.

**Reports To:** Head of Performance Science/Lead Strength and Conditioning Coach (Men & Womens)

**Direct Reports:** Nil

### **KEY RELATIONSHIPS**

Director of Cricket  
Science and Medicine Team  
Club Medical Officer  
Technical Coaches

## **PURPOSE**

To provide Performance Nutrition provision and support to male and female cricketers affiliated to Durham Cricket. The aim is to deliver best practice for performance, education and to maximise the output of players within a safe and supportive environment.

## **DUTIES AND RESPONSIBILITIES**

- Oversee and lead the governance of nutrition within the club.
- Work alongside the science and medicine team aligning with other disciplines to support identified players, screening and monitoring, injury and illness management.
- Work with identified players to support performance goals through appropriate nutrition strategies.
- Work with identified players during injury, aligning with medical staff as appropriate.
- Actively promote the role of food to enhance performance, working closely with catering to ensure the food provision whilst training and travelling is optimal.
- Work with coaches and support staff in determining appropriate methods of implementing the overall programme of nutrition service; including strategic support, educational programmes, individual consultations and group sessions, as required.
- Ensure that the delivery of nutrition support effectively meets the objectives and commitments of players and coaches.
- Develop, implement and monitor innovative and evidence based practical nutrition strategies tailored to the needs of the sport.
- Develop, implement and review nutrition policies, standards and protocols that are best practice, including a policy on supplementation for all players.
- Oversee the relationships with key stakeholders including supplement partners.
- Work within the rules of professional confidentiality, liaise with athletes, primary care managers, parents, coaches and other support staff as appropriate within the rules of the SENr (or equivalent) Code of Conduct, standards and guidelines.
- Maintain a comprehensive, indexed database of work conducted with athletes and coaches, including detailed records of work done with individual athletes.
- Maintain a comprehensive indexed database of supplements provided to all individual players and teams.
- Having the willingness to engage with and support continuous professional development in anti-doping, i.e. UKAD Accredited Advisor Certification.
- Demonstrate knowledge and awareness of Athlete Support Personnel roles and responsibilities under the current World Anti-Doping Code.

## **QUALIFICATIONS AND KEY COMPETENCIES**

### **Essential**

- Undergraduate Degree in Nutrition, Sports Science, Dietetics or related subject
- Higher degree (IOC diploma in sports nutrition or PG Cert/Dip/Masters in Sports Nutrition or a related subject)
- Graduate on the Sports and Exercise Nutrition Register
- A minimum of 3 years' post graduate experience in the provision of nutritional support to athletes and coaches in an elite sporting environment.
- Experience of analysing the demands of a team sport in relation to their nutrition needs in order to develop implement and evaluate nutrition programmes for individual athletes within that sport.
- Experience of working with chefs and writing catering guidelines.
- Anti – Doping Clean Sport Advisor.
- Record of continuing professional development.
- Full UK Driving License.
- ISAK Level 1 Accreditation.

### **Desirable**

- A knowledge of cricket as a sport and experience of working within cricket.
- Budgetary management experience and appreciation of a cost-effective service delivery.
- A verifiable record of working within a multidisciplinary team in the delivery of performance nutrition support in elite sport.
- Experience of working with supplement partners and managing key stakeholder relationships.

### **Specific Knowledge and Skills**

- Effectively translate nutrition science into practical food advice
- Sound knowledge and understanding of the use of nutrition supplements and ergogenic aids
- Knowledge of nutritional support appropriate to the needs of high-performance athletes (performance and clinical)
- Ability to influence athletes and coaches to support programmes that impact performance.
- Ability to communicate complex data in terms that are easily understood by a wide range of audiences.
- Good communication and presentation skills.
- An interest in sport and recognition of the importance of promoting and supporting equality, safeguarding and anti-doping within sport.
- An understanding of the elite sporting environment.
- An understanding of the needs of elite athletes and coaches in a high-performance cricket environment.
- Skilled in building and maintaining productive relationships with high performance staff within national governing bodies of sport.
- Can demonstrate knowledge and awareness of Athlete Support Personnel roles and responsibilities under the World Anti-Doping Code.
- Having the willingness to engage with and support continuous professional development in anti-doping, i.e. UKAD Accredited Advisor Certification.

### **Personal Attributes, Aptitudes and Abilities**

- Excellent communication and inter personal skills
- A commitment to equal opportunities and working towards equality standards
- A positive attitude with initiative, focus and drive
- Attention to detail and ability to plan effectively
- Patience with an orderly approach to problem solving
- Ability to work independently
- Ability to work within a team and contribute to the overall success of the team and the Club
- Interact effectively with all departments and personnel at the Club
- Passionate towards developing young players in preparation for elite cricket performance
- Contribute positively at all times to facilitate a pleasant and friendly atmosphere throughout the Club
- Commitment to work to the club standards within formalised rules, regulations, policies, and procedures



## **OTHER CONDITIONS**

The consultant will be homebased with travel into the Banks group Riverside as part of the requirements of the duties, operating alongside the Science and Medicine Department. Due to the nature of the work, the consultant will carry out his/her duties in line with the requirements and responsibilities of the client. This may involve some out of hours work – evenings, weekends, Bank Holidays, as necessary. The Club may require attendance at events, presentations, meetings at various times. The client operates a 52-week, 7-day operation for all cricket provision.

## **SAFER RECRUITMENT POLICY**

Durham Cricket is committed to safeguarding and protecting the children and young people that we work with. As such, all staff and contractors are subject to a safer recruitment process, including the disclosure of criminal records and vetting checks where appropriate.

## **TERM**

2 days per month over 10 months (with the option to extend the agreement on the basis of the requirements of the services)

## **DAY RATE**

£200 a day

## **LOCATION**

Durham Cricket, The Banks Homes Riverside, Chester-le-Street, DH3 3QR

## **TO APPLY**

To register your interest in being considered for the consultancy, please send a current up to date CV and a covering letter to [sam.clark@durhamcricket.co.uk](mailto:sam.clark@durhamcricket.co.uk) detailing your suitability to provide the services required, relevant previous experience and key nutritional considerations for working in professional cricket.

Closing date for applications is the **28th April 2025**, initial interviews via Microsoft Teams scheduled for **w/c 5<sup>th</sup> May 2025**.